

# PRURIGO NODULARIS (PN) AND DUPIXENT: START THE CONVERSATION

If you have PN, then you know living with the pain, bumps, and intense, relentless itch can be challenging. But you should know there may be a treatment option for you. DUPIXENT is the first FDA-approved treatment for adults with PN. If you are currently experiencing PN symptoms, use this guide to share your experience with your skin specialist and **ask if DUPIXENT may be right for you**. Please remember that your healthcare provider is your best source of information and to always make decisions in consultation with your healthcare provider.

## MY EXPERIENCE WITH PN

Fill out this section before your appointment to help guide the conversation with your doctor. This helps them know how much PN impacts you.

### My PN causes these symptoms on my skin:

CHECK all that apply.

- Itching     Bumps     Bleeding     Scarring
- Pain/Burning     Other: \_\_\_\_\_

### In the last week, the intensity of my itching was

CIRCLE your response.



### In the last week, the severity of my pain/burning was

CIRCLE your response.



### TIP



Take photos of the bumps on different parts of your body between appointments since their appearance and features can change over time.

## INDICATION

DUPIXENT is a prescription medicine used to treat adults with prurigo nodularis (PN). It is not known if DUPIXENT is safe and effective in children with prurigo nodularis under 18 years of age.

## IMPORTANT SAFETY INFORMATION

**Do not use** if you are allergic to dupilumab or to any of the ingredients in DUPIXENT.

Please see additional Important Safety Information for DUPIXENT throughout.  
Please see accompanying full [Prescribing Information](#) including [Patient Information](#).



Describe how prurigo nodularis (PN) affects you.

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List the treatments you may have tried and your experience with them.

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### GOALS FOR TREATMENT

Looking at what you've written about the impact of PN, imagine if you had a way to manage your symptoms. What possibilities would open up for you? **Use this space to write down your goals for your PN treatment.**

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### IMPORTANT SAFETY INFORMATION (cont'd)

**Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you:**

- have eye problems.
- have a parasitic (helminth) infection.
- are scheduled to receive any vaccinations. You should not receive a "live vaccine" right before and during treatment with DUPIXENT.
- are pregnant or plan to become pregnant. It is not known whether DUPIXENT will harm your unborn baby.
  - o A pregnancy registry for women who take DUPIXENT during pregnancy collects information about the health of you and your baby. To enroll or get more information call 1-877-311-8972 or go to <https://mothertobaby.org/ongoing-study/dupixent/>.
- are breastfeeding or plan to breastfeed. It is not known whether DUPIXENT passes into your breast milk.

**Please see additional Important Safety Information for DUPIXENT throughout.  
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## IMPORTANT SAFETY INFORMATION (cont'd)

### DUPIXENT can cause serious side effects, including:

- **Allergic reactions.** DUPIXENT can cause allergic reactions that can sometimes be severe. Stop using DUPIXENT and tell your healthcare provider or get emergency help right away if you get any of the following signs or symptoms: breathing problems or wheezing, swelling of the face, lips, mouth, tongue, or throat, fainting, dizziness, feeling lightheaded, fast pulse, fever, hives, joint pain, general ill feeling, itching, skin rash, swollen lymph nodes, nausea or vomiting, or cramps in your stomach-area.
- **Eye problems.** Tell your healthcare provider if you have any new or worsening eye problems, including eye pain or changes in vision, such as blurred vision. Your healthcare provider may send you to an ophthalmologist for an eye exam if needed.
- **Joint aches and pain.** Some people who use DUPIXENT have had trouble walking or moving due to their joint symptoms, and in some cases needed to be hospitalized. Tell your healthcare provider about any new or worsening joint symptoms. Your healthcare provider may stop DUPIXENT if you develop joint symptoms.

**The most common side effects in patients with prurigo nodularis include** eye and eyelid inflammation, including redness, swelling, and itching, sometimes with blurred vision, herpes virus infections, common cold symptoms (nasopharyngitis), dizziness, muscle pain, and diarrhea.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DUPIXENT. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Use DUPIXENT exactly as prescribed by your healthcare provider. It's an injection given under the skin (subcutaneous injection). Your healthcare provider will decide if you or your caregiver can inject DUPIXENT. **Do not** try to prepare and inject DUPIXENT until you or your caregiver have been trained by your healthcare provider.

Please see accompanying full [Prescribing Information](#) including [Patient Information](#).