

TALK TO YOUR HEALTHCARE PROVIDER ABOUT MANAGING YOUR ALLERGIC FUNGAL RHINOSINUSITIS

DUPIXENT is a prescription medicine used to treat adults and children 6 years of age and older with allergic fungal rhinosinusitis (AFRS) who have had surgery on their nose or sinuses in the past.

Living with AFRS can be difficult. DUPIXENT is the first FDA-approved biologic for AFRS and is not a steroid or an immunosuppressant. Talk to your healthcare provider about how DUPIXENT may help manage your symptoms.

1 SHARE YOUR SYMPTOMS

How often does nasal congestion impact you?

Never Daily Weekly Monthly Other

☐ ☐ ☐ ☐ ☐ _____

Has your sense of smell been affected?

☐ Yes ☐ No

What other symptoms have impacted you?



Ask your healthcare provider:

**DO MY SYMPTOMS MEAN I MIGHT NEED TO CHANGE MY CURRENT
TREATMENT PLAN?**

INDICATION

DUPIXENT is a prescription medicine used to treat adults and children 6 years of age and older with allergic fungal rhinosinusitis (AFRS) who have had surgery on their nose or sinuses in the past. It is not known if DUPIXENT is safe and effective in children with AFRS under 6 years of age.

IMPORTANT SAFETY INFORMATION

Do not use if you are allergic to dupilumab or to any of the ingredients in DUPIXENT.

Please see additional Important Safety Information for DUPIXENT throughout. Please see accompanying full [Prescribing Information](#) including [Patient Information](#).

DUPIXENT[®] 
(dupilumab) Injection
200mg · 300mg

2 CURRENT TREATMENTS

If you are facing a challenge managing your symptoms, talk to your healthcare provider about your treatment options to see if there's a more appropriate choice for you.

Which of these treatments are you currently using to manage your symptoms?

☐ Antibiotics ☐ Steroids ☐ Over-the-counter medicine ☐ None ☐ Other _____

How many times in the past year have you been prescribed antibiotics?

☐ 0 times ☐ 1-2 times ☐ 3-4 times ☐ 4+ times

How many times in the past year have you been prescribed steroids?

☐ 0 times ☐ 1-2 times ☐ 3-4 times ☐ 4+ times

How many times have you had surgery for AFRS?

☐ 1-2 times ☐ 3-4 times ☐ 4+ times ☐ Other _____



Ask your healthcare provider:

HOW MIGHT WE WORK TOGETHER TO MINIMIZE THE NEED FOR ADDITIONAL SURGERY AND ORAL STEROIDS?

IMPORTANT SAFETY INFORMATION (cont'd)

Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you:

- have eye problems.
- have a parasitic (helminth) infection.
- are scheduled to receive any vaccinations. You should not receive a "live vaccine" right before and during treatment with DUPIXENT.

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Describe the challenges of living with your AFRS symptoms:

What activities would you hope to do if your AFRS symptoms were under control?



**Ask your healthcare provider:
HOW IS DUPIXENT DIFFERENT?**

START YOUR DUPIXENT JOURNEY

Take this form into the exam room and ask your healthcare provider about DUPIXENT. If you have additional questions before your appointment, you can call the *DUPIXENT MyWay*® support team at **1-844-DUPIXENT (1-844-387-4936)**, **[option 1]**.

LEARN ABOUT DUPIXENT

Please visit [DUPIXENT.com](https://www.dupixent.com) for more information on how DUPIXENT may help manage your AFRS symptoms.



IMPORTANT SAFETY INFORMATION (cont'd)

Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you: (cont'd)

- are pregnant or plan to become pregnant. It is not known whether DUPIXENT will harm your unborn baby.
 - A pregnancy registry for women who take DUPIXENT during pregnancy collects information about the health of you and your baby.
- are breastfeeding or plan to breastfeed. It is not known whether DUPIXENT passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

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IMPORTANT SAFETY INFORMATION (cont'd)

Especially tell your healthcare provider if you are taking oral, topical, or inhaled corticosteroid medicines or if you have AFRS and asthma and use an asthma medicine. **Do not** change or stop your other medicines, including corticosteroid medicine or other asthma medicine, without talking to your healthcare provider. This may cause other symptoms that were controlled by those medicines to come back.

DUPIXENT can cause serious side effects, including:

- **Allergic reactions. DUXENT can cause allergic reactions, including skin reactions, that can sometimes be severe.** Stop using DUXENT and tell your healthcare provider or get emergency help right away if you get any of the following signs or symptoms: breathing problems or wheezing, swelling of the face, lips, mouth, tongue, or throat, fainting, dizziness, feeling lightheaded, fast pulse, fever, hives, skin rash, including rash that looks like a bullseye or painful red or blue bumps under the skin, general ill feeling, itching, swollen lymph nodes, nausea or vomiting, joint pain, or cramps in your stomach area.
- **Eye problems.** Tell your healthcare provider right away if you have any new or worsening eye problems, including eye pain or changes in vision, such as blurred vision. Your healthcare provider may send you to an ophthalmologist for an eye exam if needed.
- **Inflammation of your blood vessels.** Rarely, this can happen in people with asthma who receive DUXENT. This may happen in people who also take a steroid medicine by mouth that is being stopped or the dose is being lowered. Tell your healthcare provider right away if you get: rash, chest pain, worsening shortness of breath, brown or dark colored urine, persistent fever, or a feeling of pins and needles or numbness of your arms or legs.
- **Joint aches and pain.** Some people who use DUXENT have had trouble walking or moving due to their joint symptoms, and in some cases needed to be hospitalized. Tell your healthcare provider about any new or worsening joint symptoms. Your healthcare provider may stop DUXENT if you develop joint symptoms.

The most common side effects in patients with AFRS include injection site reactions; eye problems, including eye and eyelid inflammation, redness, swelling, itching, eye infection, and blurred vision; high count of a certain white blood cell (eosinophilia); stomach problems (gastritis); joint pain (arthralgia); trouble sleeping (insomnia); and toothache.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DUXENT. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

Use DUXENT exactly as prescribed by your healthcare provider. It's an injection given under the skin (subcutaneous injection). Your healthcare provider will decide if you or your caregiver can inject DUXENT. **Do not** try to prepare and inject DUXENT until you or your caregiver have been trained by your healthcare provider. In children 12 years of age and older, it's recommended DUXENT be administered by or under supervision of an adult. In children 6 to less than 12 years of age, DUXENT should be given by a caregiver.

Please see accompanying full [Prescribing Information](#) including [Patient Information](#).