

# HAVE A CONVERSATION ABOUT DUPIXENT FOR EOSINOPHILIC ESOPHAGITIS (EoE)

DUPIXENT is a biologic treatment available for patients 1 year of age and older with EoE who weigh at least 33 lb (15 kg). DUPIXENT is recognized by the FDA as a breakthrough EoE treatment. DUPIXENT targets an underlying source of inflammation, which is a cause of EoE. DUPIXENT was proven to reduce difficulty in swallowing.

## GET THE FACTS TO PREPARE FOR YOUR APPOINTMENT

Take a moment to **learn more about EoE and how DUPIXENT may help manage EoE symptoms**. Feeling informed may help you feel confident speaking to your healthcare provider.



People with EoE have more inflammation than normal in the esophagus. EoE is a chronic disease that can worsen over time, damaging the esophagus.



DUPIXENT is the only FDA-approved treatment of its kind for EoE. DUPIXENT reduced eosinophils in the esophagus, which contribute to inflammation.



**The most common side effects in patients with EoE include** injection site reactions, upper respiratory tract infections, cold sores in your mouth or on your lips, and joint pain (arthralgia).

## REFLECT ABOUT YOUR EXPERIENCE

**Complete this doctor discussion guide and bring it to your next appointment** to help discuss if DUPIXENT may be right for you. If you're a caregiver of a teen (aged 12-17 years) with EoE, answer these questions together to share with their doctor.

### 1 YOUR EoE SYMPTOMS

Even if your EoE management strategies have helped you get by, it's important to discuss how your symptoms still impact you with your doctor.

**Check the options that best describe the EoE symptoms you experience:**

- Difficult or painful swallowing (dysphagia)    Choking    Feeling of food getting stuck (impaction)  
 Feeling of food coming back up    Other: \_\_\_\_\_

### INDICATION

DUPIXENT is a prescription medicine used to treat adults and children 1 year of age and older with eosinophilic esophagitis (EoE), who weigh at least 33 pounds (15 kg). It is not known if DUPIXENT is safe and effective in children with eosinophilic esophagitis under 1 year of age, or who weigh less than 33 pounds (15 kg).

### IMPORTANT SAFETY INFORMATION

**Do not use** if you are allergic to dupilumab or to any of the ingredients in DUPIXENT.

**Please see additional Important Safety Information for DUPIXENT throughout.**  
**Please see accompanying full Prescribing Information including Patient Information.**



**How often do you experience EoE symptoms?**

A few times a year    Monthly    Weekly    Daily    Other (eg, "2x per week"): \_\_\_\_\_

**How often do you avoid foods because you're afraid of choking or experiencing other symptoms?**

A few times a year    Monthly    Weekly    Daily    Other (eg, "2x per week"): \_\_\_\_\_

**Describe the emotional impact of living with your EoE symptoms:**

---

---

**2 YOUR CURRENT SYMPTOM MANAGEMENT PLAN**

Be sure to let your doctor know about all the medicines and strategies you use to deal with EoE symptoms.

**Let your doctor know if you have done any of the following to try to manage your EoE symptoms in the past year:**

- Modify foods (like putting ingredients in the blender)    Add sauces to foods    Eat slowly  
 Drink water to get food down    Avoid certain foods: \_\_\_\_\_  
 Do something else: \_\_\_\_\_

**Note how often you use these strategies and if you're satisfied with the level of symptom control they've given you:**

---

**If you currently take proton pump inhibitors (also known as PPIs or stomach-acid reducers), do you still experience heartburn?**

Yes    No    I'm not currently taking PPIs

**List medicines or other strategies that you've tried to manage EoE symptoms:**

*Name of medicine or strategy:   Note how often you take each medicine or use each strategy.*

---

---

---

---

**IMPORTANT SAFETY INFORMATION (cont'd)**

**Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you:**

- have a parasitic (helminth) infection.
- are scheduled to receive any vaccinations. You should not receive a "live vaccine" right before and during treatment with DUPIXENT.

**Please see additional Important Safety Information for DUPIXENT throughout.**

**Please see accompanying full Prescribing Information including Patient Information.**



**3 COULD DUPIXENT BE RIGHT FOR YOU?**

If you're thinking about another option for eosinophilic esophagitis (EoE), ask your doctor these questions to see if DUPIXENT may be right for you:

- 1. How does DUPIXENT work?
- 2. How is DUPIXENT different from other medicines that try to manage EoE symptoms?
- 3. How effective is DUPIXENT at treating EoE?
- 4. How is DUPIXENT administered?
- 5. What are the most common side effects of DUPIXENT?
- 6. How do I get started with DUPIXENT?

Write down other notes for your appointment:

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

---

**Support to Share**

Some people find it helpful to include loved ones in conversations about EoE and treatment. Here are a few ideas to get them involved:

- Brainstorm questions about symptoms and treatment options
- Invite them to share their thoughts and concerns so you can discuss them with your doctor
- Work together to fill out this sheet. Once you start treatment, you can also scan this code to use the DUPIXENT Symptom Tracker Guide together



**IMPORTANT SAFETY INFORMATION (cont'd)**

Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you (cont'd):

- are pregnant or plan to become pregnant. It is not known whether DUPIXENT will harm your unborn baby.
  - A pregnancy registry for women who take DUPIXENT during pregnancy collects information about the health of you and your baby. To enroll or get more information call 1-877-311-8972 or go to <https://mothertobaby.org/ongoing-study/dupixent/>.
- are breastfeeding or plan to breastfeed. It is not known whether DUPIXENT passes into your breast milk.

Please see additional Important Safety Information for DUPIXENT throughout.  
 Please see accompanying full [Prescribing Information](#) including [Patient Information](#).

## IMPORTANT SAFETY INFORMATION (cont'd)

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

**Especially tell your healthcare provider if you** are taking oral, topical, or inhaled corticosteroid medicines or if you have EoE and asthma and use an asthma medicine. **Do not** change or stop your corticosteroid medicine or other asthma medicine without talking to your healthcare provider. This may cause other symptoms that were controlled by the corticosteroid medicine or other asthma medicine to come back.

### **DUPIXENT can cause serious side effects, including:**

- **Allergic reactions. DUPIXENT can cause allergic reactions that can sometimes be severe.** Stop using DUPIXENT and tell your healthcare provider or get emergency help right away if you get any of the following signs or symptoms: breathing problems or wheezing, swelling of the face, lips, mouth, tongue or throat, fainting, dizziness, feeling lightheaded, fast pulse, fever, hives, joint pain, general ill feeling, itching, skin rash, swollen lymph nodes, nausea or vomiting, or cramps in your stomach-area.
- **Joint aches and pain.** Some people who use DUPIXENT have had trouble walking or moving due to their joint symptoms, and in some cases needed to be hospitalized. Tell your healthcare provider about any new or worsening joint symptoms. Your healthcare provider may stop DUPIXENT if you develop joint symptoms.

**The most common side effects in patients with eosinophilic esophagitis include** injection site reactions, upper respiratory tract infections, cold sores in your mouth or on your lips, and joint pain (arthralgia).

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DUPIXENT. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Use DUPIXENT exactly as prescribed by your healthcare provider. It's an injection given under the skin (subcutaneous injection). Your healthcare provider will decide if you or your caregiver can inject DUPIXENT. **Do not** try to prepare and inject DUPIXENT until you or your caregiver have been trained by your healthcare provider. In children 12 years of age and older, it's recommended DUPIXENT be administered by or under supervision of an adult. In children 1 to less than 12 years of age, DUPIXENT should be given by a caregiver.

**Please see accompanying full Prescribing Information including Patient Information.**