

# TRACKING THEIR EoE SYMPTOMS

“Hi, I’m Pixi.  
To find activities  
inside, look for me!”



As your child starts DUPIXENT, the first and only FDA-approved treatment for eosinophilic esophagitis (EoE) for patients 1 year or older weighing at least 33 pounds (15 kg), we’re here to help.

**Fill out this form with your child, and have a little fun with Pixi, our helpful DUPIXENT guide, along the way!**

## WHY TRACK YOUR CHILD’S SYMPTOMS?

Making symptom tracking part of your injection routine, and involving your child in the process, may help make your routine a habit and reveal any progress they’ve made with treatment.



**Commit to tracking symptoms.** Monitoring their symptoms every week may help you and your healthcare provider notice any changes.



**Involve your child.** Encourage younger children to help you fill out their chart. Older children may prefer to fill out their chart themselves with your support.



**Stick to your treatment plan exactly as prescribed by your EoE specialist.** Review the DUPIXENT Patient Prescribing Information, and contact your child’s healthcare provider if a dose is missed or before making any changes to their treatment plan.



Keep this symptom tracker where you’ll see and use it often.

## INDICATION

DUPIXENT is a prescription medicine used to treat adults and children 1 year of age and older with eosinophilic esophagitis (EoE), who weigh at least 33 pounds (15 kg). It is not known if DUPIXENT is safe and effective in children with eosinophilic esophagitis under 1 year of age, or who weigh less than 33 pounds (15 kg).

## IMPORTANT SAFETY INFORMATION

**Do not use** if you are allergic to dupilumab or to any of the ingredients in DUPIXENT.

**Please see additional Important Safety Information throughout.  
Please see accompanying full Prescribing Information including Patient Information.**

**DUPIXENT**   
(dupilumab) Injection  
200mg · 300mg

## HOW TO USE THIS SYMPTOM TRACKER

On your child's injection day, take a moment with your child to reflect on their symptoms from the previous week. **The chart below represents some of the most common eosinophilic esophagitis (EoE) symptoms for children.** Your child may not experience all of these symptoms.



Scan this QR code to download injection reminders.



"What are your symptoms this week? Show us using the chart below."

Each week, note any of the symptoms that your child experiences with a check mark. We've included an example below to help you get started.

WEEK OF	STOMACH PAIN	HEARTBURN (Burning feeling in chest)	ACID REFLUX (Acid coming up from stomach into throat)	REGURGITATION (Food came up from stomach into mouth)	VOMITING (Threw up)	FOOD REFUSAL (Refused to eat a meal)	TROUBLE SWALLOWING FOOD	FOOD STUCK IN THROAT
10/2	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## IMPORTANT SAFETY INFORMATION (cont'd)

Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you:

- have a parasitic (helminth) infection.
- are scheduled to receive any vaccinations. You should not receive a "live vaccine" right before and during treatment with DUPIXENT.

Please see additional Important Safety Information throughout. Please see accompanying full Prescribing Information including Patient Information.



## REFLECT ON THE RESULTS

How do you feel after tracking your child's symptoms and results? Over the next few weeks, take time to reflect on the results and capture your thoughts in the spaces below. If you've been pleased with the progress, **take a moment to celebrate!** And remember to discuss all results with your child's healthcare provider.

**Based on my child's recent symptoms, I feel:**

---

---

---

---

**My child's thoughts and feelings about their recent symptoms are:**

---


---

---

---

## A LIFELONG CONDITION

Eosinophilic esophagitis (EoE) is a chronic, progressive condition that can damage the esophagus over time. Many chronic conditions can be controlled and should be managed long-term to help prevent symptoms from progressing, or getting worse. **Building habits in childhood** can help your child manage ongoing symptoms and stay on track with treatment long-term. So, celebrate all you're doing to establish these habits, and remember to take care of yourself, too.



"Can you find these EoE terms? Ask a caregiver if you're curious about what they mean."

**WORD BANK**

- BIOLOGIC
- DUPIXENT
- ESOPHAGUS
- INFLAMMATION
- SWALLOW
- SYMPTOMS
- TREATMENT

B	P	Q	S	U	S	W	A	L	L	O	W	C	X	T	R	O	M	Y
T	B	F	Y	X	I	N	F	L	A	M	M	A	T	I	O	N	Q	E
F	I	D	M	T	T	C	A	Q	G	E	E	S	T	S	D	D	W	S
D	O	C	P	F	D	S	B	D	J	G	D	F	R	F	G	F	R	O
B	L	S	T	J	G	P	A	H	B	N	H	G	E	D	H	G	R	P
D	O	O	O	U	D	Y	L	G	D	Y	H	J	A	I	P	X	E	H
A	G	P	M	Y	S	D	D	X	K	U	N	N	T	S	V	C	E	A
S	I	D	S	U	G	G	A	N	T	S	D	M	S	S	V	D	G	
D	C	G	C	A	C	A	H	S	D	A	J	H	E	D	A	F	D	U
G	D	H	D	Q	X	G	I	D	A	B	D	C	N	F	S	P	C	S
S	B	C	B	A	E	D	U	P	I	X	E	N	T	F	D	V	X	X

## IMPORTANT SAFETY INFORMATION (cont'd)

**Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you (cont'd):**

- are pregnant or plan to become pregnant. It is not known whether DUPIXENT will harm your unborn baby.
  - A pregnancy registry for women who take DUPIXENT during pregnancy collects information about the health of you and your baby. To enroll or get more information call 1-877-311-8972 or go to <https://mothertobaby.org/ongoing-study/dupixent/>.
- are breastfeeding or plan to breastfeed. It is not known whether DUPIXENT passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins and herbal supplements.

**Please see additional Important Safety Information throughout.**  
**Please see accompanying full Prescribing Information including Patient Information.**

**DUPIXENT**   
(dupilumab) Injection  
200mg · 300mg

## IMPORTANT SAFETY INFORMATION (cont'd)

**Especially tell your healthcare provider if you** are taking oral, topical, or inhaled corticosteroid medicines or if you have EoE and asthma and use an asthma medicine. **Do not** change or stop your corticosteroid medicine or other asthma medicine without talking to your healthcare provider. This may cause other symptoms that were controlled by the corticosteroid medicine or other asthma medicine to come back.

### **DUPIXENT can cause serious side effects, including:**

- **Allergic reactions. DUPIXENT can cause allergic reactions that can sometimes be severe.** Stop using DUPIXENT and tell your healthcare provider or get emergency help right away if you get any of the following signs or symptoms: breathing problems or wheezing, swelling of the face, lips, mouth, tongue or throat, fainting, dizziness, feeling lightheaded, fast pulse, fever, hives, joint pain, general ill feeling, itching, skin rash, swollen lymph nodes, nausea or vomiting, or cramps in your stomach-area.
- **Joint aches and pain.** Some people who use DUPIXENT have had trouble walking or moving due to their joint symptoms, and in some cases needed to be hospitalized. Tell your healthcare provider about any new or worsening joint symptoms. Your healthcare provider may stop DUPIXENT if you develop joint symptoms.

**The most common side effects in patients with eosinophilic esophagitis include** injection site reactions, upper respiratory tract infections, cold sores in your mouth or on your lips, and joint pain (arthralgia).

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DUPIXENT. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Use DUPIXENT exactly as prescribed by your healthcare provider. It's an injection given under the skin (subcutaneous injection). Your healthcare provider will decide if you or your caregiver can inject DUPIXENT. **Do not** try to prepare and inject DUPIXENT until you or your caregiver have been trained by your healthcare provider. In children 12 years of age and older, it's recommended DUPIXENT be administered by or under supervision of an adult. In children 1 to less than 12 years of age, DUPIXENT should be given by a caregiver.

**Please see accompanying full Prescribing Information including Patient Information.**

