

IT'S TIME TO TALK TO YOUR HEALTHCARE PROVIDER ABOUT YOUR ASTHMA

Life with uncontrolled moderate-to-severe asthma can be difficult. Talk to your healthcare provider about how DUPIXENT may help manage your symptoms.

If your child (aged 6-17 years) has asthma, you can answer these questions together and share their symptoms or thoughts with their healthcare provider.

SHARE YOUR SYMPTOMS

Do you experience the following symptoms?

- Coughing Wheezing Mucus production Difficulty breathing Chest tightness
 Shortness of breath Waking up at night due to difficulty breathing Others: _____

How many visits to urgent care or the emergency room have you made because of your symptoms within the last year?

- 0 1 2+

ASK YOUR HEALTHCARE PROVIDER:

DO I HAVE UNCONTROLLED ASTHMA?

Do you have seasonal allergies that cause your asthma flare-ups?

- Yes No

What other triggers cause your asthma flare-ups?

Do you suffer from any of these conditions?

- Uncontrolled moderate-to-severe eczema (atopic dermatitis) Eosinophilic esophagitis (EoE)
 Chronic rhinosinusitis with nasal polyposis (CRSwNP)

INDICATION

DUPIXENT is a prescription medicine used with other asthma medicines for the maintenance treatment of moderate-to-severe eosinophilic or oral steroid dependent asthma in adults and children 6 years of age and older whose asthma is not controlled with their current asthma medicines. DUPIXENT helps prevent severe asthma attacks (exacerbations) and can improve your breathing. DUPIXENT may also help reduce the amount of oral corticosteroids you need while preventing severe asthma attacks and improving your breathing. DUPIXENT is not used to treat sudden breathing problems. It is not known if DUPIXENT is safe and effective in children with asthma under 6 years of age.

IMPORTANT SAFETY INFORMATION

Do not use if you are allergic to dupilumab or to any of the ingredients in DUPIXENT.

Please see additional Important Safety Information for DUPIXENT throughout.
Please see accompanying full [Prescribing Information](#) including [Patient Information](#).

ASK YOUR HEALTHCARE PROVIDER:

HOW CAN DUPIXENT HELP CONTROL MY SYMPTOMS?

How many times have you needed to refill your rescue inhaler or nebulizer within the last 6 months?

0 1 2+

How many times have you needed to refill your oral steroid within the last 12 months?

0 1 2+

ASK YOUR HEALTHCARE PROVIDER:

HOW DOES DUPIXENT WORK DIFFERENTLY FROM MY CURRENT TREATMENTS?

What daily activities would you hope to do with better breathing?

ASK YOUR HEALTHCARE PROVIDER:

HOW CAN I GET STARTED ON DUPIXENT?

START YOUR DUPIXENT JOURNEY

Take this form into the exam room and ask your healthcare provider about DUPIXENT. If you have additional questions before your appointment, you can call the *DUPIXENT MyWay*[®] Nurse Educators at **1-844-DUPIXENT (1-844-387-4936), option 1** to get one-on-one support.

LEARN MORE ABOUT UNCONTROLLED ASTHMA

Please visit DUPIXENT.com for more information on how DUPIXENT may help improve your asthma symptoms.



IMPORTANT SAFETY INFORMATION (cont'd)

Before using DUPIXENT, tell your healthcare provider about all your medical conditions, including if you:

- have a parasitic (helminth) infection
- are scheduled to receive any vaccinations. You should not receive a “live vaccine” right before and during treatment with DUPIXENT.

Please see additional Important Safety Information for DUPIXENT throughout.
Please see accompanying full [Prescribing Information](#) including [Patient Information](#).



Note anything else you'd like to discuss with your doctor:

IMPORTANT SAFETY INFORMATION (cont'd)

- are pregnant or plan to become pregnant. It is not known whether DUPIXENT will harm your unborn baby.
 - o A pregnancy registry for women who take DUPIXENT during pregnancy collects information about the health of you and your baby. To enroll or get more information call 1-877-311-8972 or go to <https://mothertobaby.org/ongoing-study/dupixent/>.
- are breastfeeding or plan to breastfeed. It is not known whether DUPIXENT passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

Please see additional Important Safety Information for DUPIXENT throughout. Please see accompanying full Prescribing Information including Patient Information.

FOR MORE INFORMATION, VISIT DUPIXENT.COM/ASTHMA



IMPORTANT SAFETY INFORMATION (cont'd)

Especially tell your healthcare provider if you are taking oral, topical, or inhaled corticosteroid medicines or use an asthma medicine. **Do not** change or stop your corticosteroid medicine or other asthma medicine without talking to your healthcare provider. This may cause other symptoms that were controlled by the corticosteroid medicine or other asthma medicine to come back.

DUPIXENT can cause serious side effects, including:

- **Allergic reactions. DUPIXENT can cause allergic reactions that can sometimes be severe.** Stop using DUPIXENT and tell your healthcare provider or get emergency help right away if you get any of the following signs or symptoms: breathing problems or wheezing, swelling of the face, lips, mouth, tongue, or throat, fainting, dizziness, feeling lightheaded, fast pulse, fever, hives, joint pain, general ill feeling, itching, skin rash, swollen lymph nodes, nausea or vomiting, or cramps in your stomach-area.
- **Inflammation of your blood vessels.** Rarely, this can happen in people with asthma who receive DUPIXENT. This may happen in people who also take a steroid medicine by mouth that is being stopped or the dose is being lowered. It is not known whether this is caused by DUPIXENT. Tell your healthcare provider right away if you have: rash, chest pain, worsening shortness of breath, a feeling of pins and needles or numbness of your arms or legs, or persistent fever.
- **Joint aches and pain.** Some people who use DUPIXENT have had trouble walking or moving due to their joint symptoms, and in some cases needed to be hospitalized. Tell your healthcare provider about any new or worsening joint symptoms. Your healthcare provider may stop DUPIXENT if you develop joint symptoms.

The most common side effects in patients with asthma include injection site reactions, high count of a certain white blood cell (eosinophilia), pain in the throat (oropharyngeal pain), and parasitic (helminth) infections.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all the possible side effects of DUPIXENT. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Use DUPIXENT exactly as prescribed by your healthcare provider. It's an injection given under the skin (subcutaneous injection). Your healthcare provider will decide if you or your caregiver can inject DUPIXENT. **Do not** try to prepare and inject DUPIXENT until you or your caregiver have been trained by your healthcare provider. In children 12 years of age and older, it's recommended DUPIXENT be administered by or under supervision of an adult. In children 6 to less than 12 years of age, DUPIXENT should be given by a caregiver.

Please see accompanying full [Prescribing Information](#) including [Patient Information](#).